

ASAP

Outpatient Services

An Alcohol & Substance Abuse Program (ASAP) provided in both English and Spanish, to help men and women overcome substance abuse addictions

Summary

ASAP substance abuse services are provided in both English and Spanish. All evaluation and outpatient treatment facilities are located in Chelsea.

Evaluation Assessment

In the Chelsea clinic, an interview and screening assessment is conducted pertaining to the client's alcohol and drug history, previous treatment history, psychosocial history, medical history, family and interpersonal history, legal history, and current status including arrests and court actions. One assessment tool utilized by ASAP is the Addiction Severity Index. In addition to collecting information about the client, the assessment worker gives the client information about the clinic, hours of operation, the costs and fees when applicable, client rights, and confidentiality rules. The assessment process takes approximately two hours. The purpose of the assessment is to explore client drinking and drug use.

The assessment is reviewed by the staff team for placement of the client with an appropriate treatment modality, intervention modality or therapist. Assessments are performed by a certified level staff member and are provided within two weeks of the initial intake contact. Client assessments are reviewed and discussed by a multidisciplinary team for assignment to the appropriate clinician.

Available ASAP Outpatient Services

Following are the outpatient services provided by ASAP on an outpatient basis.



ASAP outpatient services are conveniently located on the second floor of a two-story office complex in Chelsea, Massachusetts.

❖ **Crisis Intervention/Triage**

Triage Services are provided at Bay Cove ASAP to accommodate emergency and walk-in clients. Bilingual case management staff has been trained to screen, evaluate and refer crisis cases to mental health, detoxification and medical services, and any other resources appropriate to meet the needs of call-in and walk-in clients. The Triage Service Component at ASAP was highlighted by the Quality Improvement Collaborative as a unique service with outstanding strength.

❖ **ASAP Women's Programs**

These programs offer comprehensive treatment for women who are struggling to overcome addictions. Special effort is made to provide services that are sensitive to the needs of trauma survivors, single parents and women who are in lesbian relationships. The program director and many key staff at ASAP are women, and the agency specializes in providing programming that addresses needs that are specific to women. Written materials and therapeutic activities use inclusive and female-focused language that is appropriate for women with addictions.

❖ **Criminal Justice Program**

This program is a twelve-week time-limited program that consists of a two-hour evaluation, twelve one-hour group sessions, supervised random urine testing and

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attendance at self-help meetings. The goal of the program is to provide a short-term intervention and introduction to early recovery skills for those individuals who are involved with substance abuse/dependence and the criminal justice system. Referrals to the program are made by court personnel.

❖ *Outpatient Treatment for Latinos*

This is a licensed Department of Public Health outpatient program for Spanish-speaking men and women who are experiencing a substance abuse problem. The program offers evaluation, individual and group counseling and random urine testing. The average visit is once a week. The goal of the program is to facilitate culturally appropriate treatment strategies to help the client develop recovery and relapse prevention skills.

Staff

ASAP is staffed by a multi-disciplinary staff comprised of full-time Master's level clinicians, certified substance abuse clinicians, bi-lingual addictions specialists, clinical consultants and a part-time psychiatrist. Staff for the Latinos program is culturally and linguistically competent in both Spanish and English.

Hours of Operation

ASAP is open Monday through Thursday from 9:00am to 10:00pm. On Friday the program is open from 9:00am to 6:00pm. On Saturday it is open from 9:00am to 3:00pm.

Admissions Process

Application for admission can be made by calling (617) 884-6829 or by visiting the clinic during regular business hours.

Outside referrals to the program are made by health care agencies, the Department of Social Services and the courts.

Program Fees

Services are covered by sliding scale fees or by billing Medicaid, the Neighborhood Health Plan

or the Department of Public Health (for persons who are uninsured and qualify through limited income guidelines).

Building and Location

ASAP outpatient services are conveniently located on the second floor of a two-story office complex called Patriot Park, next to the Mystic Mall in Chelsea, at 100 Everett Avenue (Unit 4), Chelsea, Massachusetts. There is convenient public transportation access to ASAP from Revere, East Boston, Winthrop and Boston. Free parking is available within the Patriot Park complex.

Accessibility for People with Disabilities

Bay Cove ASAP maintains a wheelchair lift and is structured to accommodate the disabled throughout the entire space. The program provides materials in large print and on audio tapes for people with visual impairments and TTY and ASL (American Sign Language) services for people who have a hearing disability.

Security

Security for the Bay Cove ASAP space is maintained through an internal alarm system that electronically notifies the Chelsea police and a designated property supervisor at Bay Cove Human Services. Both the police and fire departments are in close proximity to Bay Cove ASAP which enables a rapid response in the event of an emergency.

*For more information about ASAP
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Bay Cove

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