

Parent Support

Family-focused, community-based services designed to support parents who have a child or a teen with mental illness living at home

Summary

The Parent Support program provides multiple supports to parents or other caretakers with a child or teen who has a mental illness. This program is designed to relieve the many pressures that these families must face every day.

Clients

To qualify for admission to this program, parents (or caretakers) must have a child under the age of 18 with a serious mental illness or severe emotional disturbance. Parents may self-refer to this program and may participate for as long as they wish at no cost. They are also referred by the Massachusetts Department of Mental Health (DMH), Department of Social Services, schools, hospitals and mental health clinics.

Staffing

The program is staffed by four Parent Partners who work out in the community. All workers are trained and clinically supervised for their particular assignment.



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Parent Support headquarters are conveniently located at Canal Street near public transportation.

Description of Programs

The Parent Support Program offers a free comprehensive system of services that strengthens, informs and empowers caretakers (or parents). The Parent Partners provide caretakers with relevant information, while consistently honoring their cultural and linguistic diversity, and their rights to personal choice.

The Parent Partners offer daytime and evening support groups to caretakers throughout the Metro Boston area. This is an opportunity for the caretaker to: network, share information and expertise, learn coping skills in a supportive atmosphere, discuss parenting issues, consult on educational/placement matters, obtain referrals, and learn self-advocacy techniques. Caretakers can also access individual supportive consultations in their own home, in the Bay Cove Parent Support Resource Office, or by phone.

The Parent Partners also accompany caretakers to meetings (school, hospital, court, and so forth) whenever this service is requested.

Parent Support



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Weekday and Weekend Schedule

Normal office hours are 9:00am to 5:00pm, Monday through Friday. Specialized services, such as the Parent Partner support groups for caretakers, are provided during daytime and evening hours when meetings or activities are scheduled.

Location

Administrative offices are at 66 Canal Street, Boston. The building is close to both the Haymarket and North Station T stops, with direct access to the Orange and Green lines and local busses, and is three blocks from the Commuter Rail at North Station. It is also conveniently located just off Route 93 and the Central Artery for people who wish to drive.

For more information about Parent Support, please contact Margaret Glennon, Program Director at 617-371-3155



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