

ASAP

Batterer Intervention Programs

An Alcohol & Substance Abuse Program (ASAP) to help men/women with a history of violent and controlling toward an Intimate Partner

Summary

The goal of ASAP's forty-week Batterer Intervention Programs is to hold men/women accountable for using violence as a way of controlling an intimate partner and to guide them into taking responsibility for their actions. Referrals to the program are made by the Department of Social Services, the courts and voluntarily by individual perpetrators. The program is licensed and monitored for adherence to the Massachusetts Standards and Guidelines by the Department of Public Health. This certified program is provided in both English and Spanish.

ASAP's forty-week Batterer Intervention Program is designed to help participants in achieving the following:

- 1) Assisting the participant's understanding of the reasons for his acts of violence by recognizing that his personal belief system justifies using violence as a means of controlling the victim's actions;
- 2) Increasing the participant's understanding of the cause of his violence by examining the cultural and social contexts in which he uses violence against his partner;
- 3) Increasing the participant's willingness to change his actions by examining the negative effects of his behavior on his relationship, his partner, his friends and himself;



ASAP outpatient services are located on the second floor of a two-story office complex in Chelsea, MA.

4) Providing the participant with practical information on how to change abusive behavior by exploring non-violent ways of relating to women; and

5) Encouraging the participant to become accountable to those he has hurt by encouraging him to accept responsibility for the impact his violence has had on his partner and others.

Program Description

The ASAP Batterer Intervention Program utilizes the Duluth Model curriculum which examines eight themes of Power and Control and eight themes of Equality in a systematic educational format. Chelsea ASAP integrates substance abuse evaluation into the Batterer Intervention Program and where appropriate refers the client to substance abuse treatment prior to entry into the Batterer Intervention Program. In addition, current materials on Shaking Baby Syndrome and Parenting Skills are integrated into the program.

Program participants receive:

- * Two weeks of two-hour Individual Evaluation sessions,
- * Six weeks of two-hour Orientation and Evaluation group sessions, and
- * Thirty-two weeks of two-hour Educational Group sessions.

Groups are co-lead by a certified male and female facilitation team. Group size is no more than 12 clients.

ASAP: Batterer Intervention Programs

Programs for Women who Batter

Chelsea ASAP offers Batterer Intervention services for women who batter within a specialized program format that meets the specific needs of women.

Partner Contacts

Chelsea ASAP employs a Partner Liaison who provides supportive counseling to partners in Safety Planning and referral to local domestic violence support and advocacy services. The Partner Liaison offers face to face and telephone support to partners in the bridge process of connecting to either shelter services or advocacy counseling.

Fee Structure

Initial individual assessment
(two 2-hour sessions): \$125
including the victim contact fee

All group sessions: \$ 35 each

ASAP will negotiate a sliding fee payment schedule with any perpetrator who is unemployed or marginally employed. Persons who are totally indigent will be able to negotiate a sliding scale fee up to \$17.50 per session.

*For more information about ASAP
(the Alcohol & Substance Abuse Program)
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