



**BayCove
News**

Winter 2003

Volume 2, Number 2

*The Faces of
Recovery*



Special Substance Abuse Services Issue

Message from the President

Over the past months, as front page headlines in local newspapers outlined the proposed cuts in next year's state budget, we have been asked repeatedly by concerned family members what effect the cuts will have on agency services. Our response at this point, is to say that we really don't have a good picture of the overall impact of these funding reductions. However, one thing has become perfectly clear. The individuals who will be most severely affected by the currently proposed cuts are persons with drug and alcohol addictions.

There has always been a greater stigma attached to substance abuse than to mental illness or mental retardation. Although most treatment professionals view substance abuse as a disease which must be dealt with much like

any other health problem, some leaders in high political positions consider addictions to be a function of "moral weakness." The cure from their perspective is simply to stop all treatment services and force these individuals to experience "cold turkey" withdrawal.

Frankly, we wish that recovery was this easy. We often struggle over a period of months and sometimes years to help individuals who express a genuine desire to overcome their addictive behavior, but who find themselves powerless to fight the feelings of anxiety and depression which often accompany withdrawal from chronic drug or alcohol dependency.

People don't choose to become chronic substance abusers any more than someone would voluntarily choose to have diabetes or high blood pressure. In most cases, individuals who are abusing drugs or alcohol are "self-medicating" in an effort to overcome their overwhelming sense of low self-worth and despair. Effective treatment must address these issues so that the person can function successfully in everyday activities.

Most treatment begins with an initial stage of medical detoxification. Alcoholics in long-term recovery refer to a successful detox experience as their most important first step towards sobriety. Effective April 1st, a reduction in Medicaid eligibility will reduce statewide Detox beds by 50%. This cut will close the front door to recovery for thousands of men and women who are desperately trying to overcome their addiction.

It is both unfair and impractical to single out substance abusers for a drastic cutback in support services. A removal of treatment options will only force these individuals to seek illegal means to satisfy their needs. The resulting cost in both dollars and social impact will far exceed the amount saved through curtailment of treatment programs.



Stanley Connors, President of Bay Cove Human Services

News from Bay Cove's Substance Abuse Treatment Division

A Story of "New Hope"

By Peter Collins, Director



Bay Cove's New Hope Transitional Support Service is a substance abuse treatment facility serving men and women in South Weymouth, Massachusetts. The mission of the program is to deliver a supportive treatment and case management environment for clients awaiting placement in long-term residential treatment. New Hope houses 60 clients, 40 men and 20 women, and provides case management services as well as relapse prevention and substance abuse education.

Carol first saw New Hope on a cold winter day through the snow covering a window of the van transporting her from her sixth detox to her first "holding." Carol was homeless, 33 years old, a heroin user with multiple medical, psychological and legal issues. But on that day, Carol's needs were warmth, food, a place to sleep and time to rest in a safe environment. She needed to stay out of jail and she needed to get her daughter back. Those were the issues that Carol needed to address

and those are the issues that the staff at New Hope handles on a daily basis.

Folks like Carol come to New Hope every day needing placement in a long term residential treatment environment.

They usually bring a host of case management needs. In addition to this, they require education regarding risk management, relapse prevention, and addiction. The capacity to match Carol's presenting needs, while introducing her to treatment options, is a well-developed process at New Hope. In the first couple of days, Carol meets with her case manager to develop an Individualized Treatment Plan and a nurse for a medical assessment, attends groups, becomes familiar with the facility, and is given the responsibility of a daily chore. She meets other clients and begins to form some meaningful relationships with other women.

By the second week, Carol has spoken with her parole officer to clear up her warrants, has a medical referral to Boston Medical Center for medical and dental work, and has a meeting with the Department of Social Services case worker to discuss future plans about her daughter's custody. She is attending psycho-

educational groups and 12-step meetings six times a day and meets with her case manager to talk about residential placement options. And possibly for the first time, Carol is beginning to realize that recovery from her drug addiction may be within her reach. Maybe for the first time, Carol can find the path to a normal life. She begins to hope.

There are at least five happy endings to this story. Carol finishes her stay at New Hope, goes on to further

treatment, becomes involved with the 12-step community, regains custody of her daughter and finally becomes a healthy, productive member of society.

Of course, not all are success stories like Carol's. However, we at New Hope pride ourselves in placing over half of our clients in independent, productive community settings following their New Hope experience.



Friendships can play an important role in recovery.



Betty Bredin, Director of Bay Cove Treatment Center, is a Nationally Renowned Speaker on Methadone Treatment.

When Betty Bredin first entered the field of Addiction Disorders, she was opposed to the use of a drug to fight drug addiction, but she saw such wonderful results in terms of return to normal functioning that she became a total supporter of methadone as a legitimate form of drug treatment. Bay Cove Human Services took over the New England Medical Center's addiction clinics, where she was working in 1986, and two years later she became Director of this rapidly expanding program. The AIDS epidemic had started and with it the pressure to try to involve as many IV drug users in treatment as quickly as possible, and the Bay Cove Clinic grew from 80 to 300 clients.

During the late 80's and early 90's Betty began to teach and speak at conferences. She developed a course on Addiction and the Life Cycle and was asked to teach at the Smith College School of Social Work, which she did for four summers. Over the years she has spoken supportively of methadone at many seminars and presented papers at five National Methadone Conferences, primarily focusing on the special needs of women and families. Betty's clinic model had also been one that focused not on the medication, but on the clinical treatment, and the individual, and on group therapy.



Betty Bredin, Director of Bay Cove Treatment Center (center), is flanked by two Treatment Center clients who participated in a presentation at a recent conference at Boston College.

In the early 90's, Co-occurring Disorders became a very hot topic, and she and her staff found that they were in the forefront of treatment models. The Center is currently in a national study funded by the Center for Substance Abuse Treatment (CSAT). In this study, the Bay Cove Treatment Center is being compared to another model where psychiatric care is obtained off site. The "parallel" model and the outcome seems to indicate that the integrated model developed at Bay Cove is more effective. Betty presented some of these findings at the Methadone Maintenance Conference at Boston College last month.

Betty also found that her work at U. Mass., teaching

in the Adult Competency Program, was also a wonderful opportunity to raise people's awareness of the complexity of addiction and its impact on families and society in general.

When asked how she continues to work year after year with people who are seriously ill and generally stigmatized by society, she responds by saying, "The rewards from the work are enormous. I have worked with the most dedicated and talented people, who also can be a lot of fun, while taking their responsibilities seriously. The clients get better, or sometimes they don't, but all of them are wonderful human beings and deserve a chance at life. There is a spiritual

component to this work that makes me feel very lucky to be a part of touching people's lives. Two years ago the Clinic was awarded the highest possible accreditation. This reinforced our pride in the excellent clinical and medical work done by our program staff."

Betty says that she hopes to apply for another CSAT grant focusing on dual-diagnosis intensive day treatment. Although she and her staff struggle with the day to day stressors of funding cuts and the impact on clients who have lost insurance coverage, Betty still says, "It is a time to test creativity in finding new solutions."

Bridge to Recovery Medical Detoxification Center: The Only Homeless Facility in the State

by Patricia Paul, Director

The Bridge to Recovery Medical Detoxification Center is the only Detoxification Center in the state of Massachusetts which exclusively serves homeless individuals. Located on the second floor of the Administration Building on Long Island in Boston Harbor, this unique facility is accessible via a bridge to Boston, Quincy and other surrounding towns. It is designed to provide a safe and comprehensive detox in a positive setting to homeless men and women.



Patients undergo a thorough medical checkup.

The staff members are a group of highly diversified professionals who assess the medical and emotional needs of each patient. Patients receive a thorough medical assessment upon admission to the facility, and are then monitored 24 hours a day by registered nurses specializing in addiction medicine. Physicians who specialize in addiction medicine prescribe all medications. Patients are medically stabilized over a period of four to six days, based upon medical necessity.



A bright and orderly environment is very important to recovery.

During this time, patients attend individual counseling and educational recovery sessions and 12-step meetings (AA/NA) every day. Prior to discharge from the facility, a group of well-trained professional counselors assist each patient in securing placement in a long term treatment program or an alternative placement in the surrounding area in order to provide the patient with an ongoing support system.



Several nurses confer on a case.

Introducing John Parker: A Success Story from Andrew House

by Norma Upper, Director

Andrew House Detoxification Center has been serving addicted individuals for over 25 years. About ten years into it's existence John Parker entered it's doors seeking part-time employment as an orderly. John had been sober for approximately one and one-half years and was told by his AA sponsor that he needed help in remembering the devastation drinking had caused in his life. "I guess my attitude left a little to be desired." John was at Andrew House on that first day because he was told he had to be there. "My second day, and every day thereafter, I was there because I saw the hope it offered those who had been struggling the way I had with my own alcoholism."

John reports that he had attended his 1st AA meeting at age 40 but it was over five years before he approached his first full year of sobriety. That sobriety came only after twelve in-patient detoxes, two self-imposed "cold turkey" detoxes, and multiple AA meetings. "I could never get admitted to Andrew House because they never had any beds available when I needed to go in." Working at Andrew House allowed him to "build on what I already knew – there's always hope and don't give

up." Not only did John see what was possible for others but he realized that by being a role model for the alcoholics entering Andrew House he could help them see the possibilities for themselves.



John has become the Computer Guru (among other things) at Andrew House

John didn't have to continue to work at Andrew House where the pay was less than desirable and the work was hard. After all, he already had a fulltime position with the State of Massachusetts. Nonetheless, with minor exceptions caused by pressure at his fulltime position, John stayed at Andrew House. In 2001 he received a plaque for ten years of uninterrupted service to Bay Cove. He progressed from orderly to admissions coordinator to his present position as office manager.

continued, next page

John Parker, *continued*

Andrew House has experienced many transitions, and John has had to adapt. First there was the move from Field's Corner to Long Island in Boston Harbor and the addition of ten more beds. Along with that came the focus on the dual diagnosed client. "I was for the Alcoholic and wasn't sure that I wanted mental illness to be considered an issue in treatment." Next came the realization that alcohol isn't the only drug of addiction, and John had to accept the fact that Andrew House needed to open its doors to all drug addicts needing medical detoxification.

The transitions were difficult but the management, especially Ronnie (Springer), Marty (Varney) and Jan (O'Keefe), made it possible. John credits those three women with giving him the courage and direction to stay and adjust. For John, the greatest satisfaction is to get calls or letters from ex-clients telling him that they have built some sobriety of their own. In fact, approximately half of the Andrew House staff is in recovery from an addiction and some of those began their recovery at Andrew House with the help of John and the rest of the dedicated staff.

Treatment Works at Chelsea ASAP

Substance Abuse treatment is most effective when it is provided in a manner which is sensitive to the unique issues associated with each client's language, culture and lifestyle. At the Alcohol and Substance Abuse Program in Chelsea, clinicians are specially trained to provide services to women and men from a wide range of backgrounds.

All services at ASAP are offered in both English and Spanish, using a multi-disciplinary staff comprised of full-time Master's level clinicians, certified substance abuse clinicians, bi-lingual addictions specialists, clinical consultants and a part-time psychiatrist.

ASAP women's programs offer comprehensive treatment for women who are struggling to overcome addictions. Special effort is made to provide services that are sensitive to the needs of trauma survivors, of single parents and of women who are in lesbian relationships. The program director and many key staff at ASAP are women, and the

agency specializes in providing programming that addresses needs that are specific to women. Written materials and therapeutic activities use inclusive and female-focused language that is appropriate for women with addictions.

ASAP offers a twelve-week time-limited Criminal Justice Program that consists of a two-hour evaluation, twelve one-hour group sessions, supervised random urine testing and attendance at self-help meetings. The goal of the program is to provide a short-term intervention and introduction to early recovery skills for those individuals who are involved with substance abuse/dependence and the criminal justice system. Referrals to the program are made by court personnel.

The goal of ASAP's Batterers Intervention Program is to have men who batter to recognize and to take responsibility for their violence against women. The forty week program addresses power and control and the



Amy Harris, ASAP Director

associated violence that the men inflict on their female partners. The participants contract to not re-offend for the duration of the forty week program. Victim contacts are made throughout the length of the program which integrate safety planning and a referral to the local battered women's program, HarborCOV.

ASAP has also been serving people charged with Driving Under the Influence (DUI) offenses since 1973. Program participation is mandated by the courts as an alternative to incarceration. ASAP offers two levels of Driver Alcohol Education (DAE) Programs in both English and Spanish.

ASAP offices are located on the second floor (in Unit 4) of a two-story office complex called Patriot Park, next to the Mystic Mall in Chelsea at 100 Everett Avenue, Chelsea, Massachusetts. There is convenient public transportation access to ASAP from Revere, East Boston, Winthrop and Boston. Free parking is available within the Patriot Park complex.



ASAP Headquarters in Chelsea

News from Bay Cove's Other Departments and Divisions

Center Club Director Wins Award

The Boston Neighborhood Fellows Program, founded in 1991, honors six individuals annually, who receive direct grants of \$30,000 over a three-year period. This year, Mary Gregorio, Director of Center Club, was chosen to be one of this year's Neighborhood Fellows.

The Program provides recognition and direct financial support to individuals of creativity, vision and leadership who work in community service in Greater Boston. It celebrates the builders of the community – the social entrepreneurs who often go unrecognized, but who make a vital contribution to our quality of life. The people chosen as Boston Neighborhood Fellows work for government, community organizations, or are outstanding volunteers. Diverse in race, class, occupation, and age, their one common characteristic is that they fulfill a conception of leadership articulated by John Gardner – they will be people who have become less “a servant to what is,” and more “a shaper of what might be.”



Mary Gregorio, Director of Center Club

The program is funded by a donor who wishes to remain anonymous.

Agency Students Part of First Graduating Class

Four of the twenty-seven human service professionals who received a graduate *Certificate in Community Human Services Management* from Suffolk University this month are from Bay Cove Human Services.

Kit Newton, Julie LaFleur, Emma Concepcion, and Allison Russell attended the



Emma Concepcion, Housing Director

year-long course. It was the consensus of the graduates that one of the most valuable experiences of the course was making connections with other professionals in the field.

Under the supervision of Suffolk University's public administration and management faculty, and jointly sponsored by Suffolk

University and the Massachusetts Council of Human Service Providers (MCHSP), this program is specifically designed to provide a relevant, graduate-level education for human service professionals with leadership potential. Participants who complete the ten courses in the five educational blocks receive a Certificate and can apply six graduate level credits



Julie LaFleur, MR Senior Director

toward any one of several Suffolk University master's degree programs.

The University and MCHSP also offer one \$3,400 scholarship annually to an outstanding student.

Congratulations, Bay Cove grads!



Kit Newton, MH Senior Director



Allison Russell from CAR, with friend

Introducing: Dr. Peter Randolph, Newest Member of the Board of Directors

Although Dr. Peter Randolph has just recently assumed his Board member status, he is well known to many Bay Cove staff, since he served for a great number of years as the leading Department of Mental Health official in the Bay Cove area.

Dr. Randolph grew up in New York, but spent his collegiate undergraduate years at Yale University in New Haven, completing a 5th year there to take the pre-med courses he needed to apply for medical school. He was accepted at Harvard Medical School, and graduated with a Doctor of Medicine Degree in 1961. He continued his training in Cleveland, Ohio, where he studied internal medicine at Western Reserve. Upon completion of this part of his schooling, he returned to Massachusetts and spent the next five years studying psychiatry.

In the fifties and sixties, when Dr. Randolph was in school, every young man was required to register for a two-year draft commitment. As a medical doctor, an alternative to military service was to serve the two years in public service. Dr. Randolph chose to do this, and following his psychiatric training at Mass Mental Health, he relocated to Washington, D.C. to work in



Dr. Randolph pauses for a snapshot on Friend Street.

the Center for Epidemiologic Studies at the National Institute of Mental Health.

At the end of his two years in Washington, he accepted an appointment as a Clinical Professor of Psychiatry at Tufts University School of Medicine. During this time, he also completed his studies at the Boston Psychoanalytic Institute and became a Certified Psychoanalyst.

Dr. Randolph said that it was during the 1960's and early 1970's when he was at Tufts New England Medical Center, that the major hospitals were beginning to partner with Community Mental Health groups to contract for community mental health services. At that time the Tufts Department of Psychiatry was instrumental in creating the Bay Cove Mental Health Center

covering the South Boston, South End, and Dorchester catchment areas. Bay Cove Human Services, Inc. was first formed as a non-profit corporation in 1973 as an outgrowth of this community mental health movement.

Although a number of people were instrumental in hiring and overseeing Dan Boynton in his role as Bay Cove's first chief executive, Dan considered Peter Randolph to be his primary mentor during these initial years. Dan credits Dr. Randolph with supplying the guidance, inspiration and advocacy this agency needed in its formative period. From Dan's perspective, Bay Cove Human Services, Inc. would probably not exist today without the tremendous assistance that Dr. Randolph generously provided.

In the early 1970's, Dr. Randolph also founded and became director of the South Boston Court Clinic. In 1976 he was appointed director of the Bay Cove Mental Health Center. Initially, inpatient services were provided at Boston State Hospital, but when the hospital closed, these offices were relocated at Shattuck Hospital where Dr. Randolph continued his Directorship of the Center and became Director of the hospital's 125-bed long-term-care in-patient unit. During this time he developed an outpatient rehab unit as well. This program is now known as Gill Rehab, a Bay Cove Human Services psychosocial rehab program, located on the grounds of Shattuck Hospital. This program is part of Bay Cove's Center House Division.

Dr. Randolph continued as Director of the Bay Cove Mental Health Center and Inpatient Psychiatric Services until he retired from those positions in 1999.

Since his retirement, Dr. Randolph has maintained a private practice. He still serves on the faculties at Tufts University and at Harvard University, and also is a member of a number of foundation boards. He was elected to the Bay Cove Human Services Board of Directors in December.

Emergency Evacuation Has Happy Ending

“Adversity has the effect of eliciting talents which in prosperous circumstances would have lain dormant.”

Horace, Orator

by Tom Boyd

Bay Cove’s Walnut House staff had its talents fully elicited and on prominent display this winter, when frozen pipes in an abutting building forced the emergency evacuation of thirty-two adults with mental illness from their Roxbury home. “This evacuation was conducted in such an orderly, thoughtful and compassionate manner that it can be called a complete success – it is certainly the best-handled emergency I’ve ever witnessed.” said Nancy Mahan, Director of Residential Services. “This was a wonderful demonstration of what a wide array of supports Bay Cove can bring to bear on a difficult situation, and of the creativity and compassion which our staff members use in their work. I could not be more proud of their performance.”

Each Bay Cove residential program creates an individualized emergency evacuation protocol that is regularly practiced, but rarely used in earnest. When the pipes froze next door during a recent cold snap, water rushed into Walnut House and knocked out its electrical service and its heating system. Everyone had to relocate without delay.

Staff at Walnut House and at Bay Cove’s administrative offices leapt into action so willingly and quickly that within two hours, there were three viable relocation plans from which to choose. Our colleagues in the Massachusetts State government within DMH offered to share space at the Solomon Carter Fuller Mental Health Center (SCFMHC) in the South End, a site of some familiarity for many of the temporarily-displaced individuals. As back-ups, use of Canal Street space as temporary shelter was reviewed, and the Bridge Program offered an unused wing of their building. The Fuller plan ultimately proved to be the best option for the people involved, as it minimized

physical separation among the thirty-two relocated residents.

By nightfall, everyone had been calmly moved to SCFMHC, where they stayed until repairs were made and it was safe to move back home to Walnut House. On February 5th, everyone moved back home again, without causing much of a ripple. Followup included a debriefing session facilitated by Associate Division Director Norma Wassel, who congratulated and thanked each resident for demonstrating patience and flexibility in very trying circumstances, and an address to staff with similar thanks and a commendation letter for the personnel file of each staff member who contributed to this effort.

The success of the relocation of so many people so quickly with minimal disruption to their lives hinged upon two strong forces – an array of supports from DMH, Rogerson, Inc (a human service neighbor), and other public and private agencies who willingly interrupted their routines to address the mechanics of this emergency, and the hard work, flexibility and outstanding efforts made by the Walnut House “SuperStars” as Mahan calls them, who did what they do best every day – treat people with mental illness with excellence and compassion – in more trying circumstances than ever. The confluence of efforts from these groups succeeded as never before, says Mahan.

She thanks the following for their contributions to this success:

(from Walnut House, in alphabetical order)

- Anaka Aniebukmfon
- Olga Boruchovich
- Brenda Eckels Burrows



Walnut House is an unusually large residence that houses thirty-two adults with mental illness.

- Jasmine Clare
- George Ejim
- Williams Ejimonyeabala
- Ed Filman
- Paul Foley
- Charles Hollins
- Elyssa Moseley
- Adaora Nwoye
- Joyce Ohenewaa
- Joshua Omoregbe
- Katri Rolfe
- Stevens Solomon
- Suzanne Walker
- Norma Wassel

as well as:

- Bay Cove property staff
- Tom Boyd
- DMH staff and administrators
- Patrick Donato
- Patricia Paul
- SCFMHC staff and administrators
- Ralph Sinacola
- Ronnie Springer

News from the Development Department

CVS Donates \$7,500 to TOT Fund

CVS/pharmacy recently added to its \$2,500 donation to the Small Wonders Capital Campaign. The company presented Bay Cove with a check for an additional \$5,000 toward the Toddlers Opportunity Trust Fund (TOT Fund), Bay Cove's scholarship program for inner-city children to attend the Small Wonders Nursery School. With this donation, CVS became a charter member of the TOT Fund.

On January 31, 2003, Jack Kramer, Senior Vice President of CVS/pharmacy, made the check presentation at the Daniel C. Boynton Child Development Center in Dorchester. Bay Cove President Stan Connors, and Director of Development, Marketing and Public Relations Marion Nierintz, accepted the grant. Also representing CVS at the check presentation were District Manager Kevin Mallon and Pharmacy Supervisor Jim DeVita.

"Our vision at CVS is to help people live longer, healthier and happier lives, and it is often the youngest members of our community who need our help and support the most," said Kramer. "The children benefiting from the TOT Fund would otherwise not be able to get the help they need and would likely face a long and challenging road ahead. We are proud to be a charter member of this outstanding and very necessary program."

Other TOT Fund charter members are Dodie & Jack Boyle, Mike Carson, Chia-Ming Sze Architects, Inc., Bink Garrison, Frances & Burt Herman, Foster Aborn & Ginger Holbrook, Marion Nierintz, Ellen & Tom Payzant, Marilyn Schell, Shawmut Design & Construction, Gary & Lynne Smith, John Larkin Thompson and Karylann & Bob Walsh. Mayor Thomas M. Menino and Irma S. Mann are TOT Fund Honorary Co-Chairs.

For more information about Bay Cove's TOT Fund, please contact Lynda Butler at (617) 371-3025 or lbutler@baycove.org. To enroll a child in the Small Wonders Nursery School, call (617) 371-3010.



From left: Jim DeVita, Kevin Mallon, Stan Connors, Jack Kramer, and Marion Nierintz

Bay Cove Receives Kiln Grant for \$75,000

The George B. Henderson Foundation awarded Bay Cove a \$75,000 grant in December for restoration of the kiln portion of the former Dorchester Pottery Works on Victory Road.

This is the first grant Bay Cove has received specifically for work on the kiln. The Henderson Foundation is committed to the enhancement of the physical appearance of the city of Boston. Projects supported by the Foundation must be visible to the public. Grants are made for capital improvements that would not ordinarily be undertaken by public or private bodies. Program areas include restoration of buildings of architectural or historic significance and their settings, such as the former Dorchester Pottery Works.

The warehouse portion of the Dorchester Pottery Works complex was renovated and transformed into the new, state-of-the-art Daniel C. Boynton Child Development Center, which opened last April. The kiln portion was stabilized in order for Bay Cove to obtain occupancy permits for the Center but, without further restoration, the space remains unusable.

Now that the Center is open, the Small Wonders Capital Campaign is in its final phase, which is focused on the restoration of the former Dorchester Pottery Works kiln building. The Henderson Foundation grant is the first of hopefully many grants that will enable Bay Cove to accomplish its goal of allowing the community to enjoy the kiln building into the future.

For more information about the restoration of the Dorchester Pottery Works kiln or to make a donation to this effort, please contact Nicole Brown in the Bay Cove Development Office at (617) 371-3022 or nbrown@baycove.org.

Movie Star Presents Small Wonders with \$10,000

Bay Cove was one of six organizations presented with a \$10,000 check at the Mark Wahlberg Youth Foundation's 2nd annual children's holiday party in December. The event took place at the new IMAX® Theater at Jordan's Furniture in Natick. Several children from Bay Cove's Early Intervention Program in Dorchester attended the party with their parents and members of the EI staff. Each child received holiday gifts from the Foundation, including toys and clothes, and enjoyed a movie, food, face painting, Santa Claus and other entertainment.



Mark Wahlberg presents check to Stan Connors and Candace Chang

Bay Cove President Stan Connors and Child & Family Services Division Director Candace Chang accepted the check from Mark Wahlberg. In addition to this cash donation, Bay Cove received a truckload of children's toys.

Jimmy Wahlberg, Mark's brother and a former Bay Cove employee at Andrew House, now runs the Mark Wahlberg Youth Foundation and was instrumental in obtaining this generous grant for Bay Cove. The Foundation was established in May 2001 for the

purpose of raising and distributing funds to youth service and enrichment programs. The money will go toward the Small Wonders Capital Campaign for Bay Cove's Early Intervention Program and Small Wonders Nursery School in Dorchester.

Employees Give Back

Bay Cove recently started a Payroll Donation program to provide employees the option of giving to the agency directly from their weekly paycheck. This program was put in place as many employees expressed interest in contributing to the agency or its specific divisions.

This is the first time that Bay Cove has directly solicited cash donations from employees. Bay Cove President, Stan Connors, says he was reluctant to start such a program because employees' daily contributions to the organization are so enormous already.

"Bay Cove is really fortunate to have a group of staff members who really give all they have on the job in terms

of time and effort and commitment," says Stan. "Some of our program staff really work demanding shifts with tough clients. They give of themselves and I really do appreciate that more than anything."

In this era of drastic budget cuts, however, the perfect time for asking presented itself. Every division within the agency is feeling the pain of reduced state funding and every dollar helps keep programs running. Employees are essentially taking this opportunity to help fund their own jobs. Although this agency-wide effort is new, for a number of years the staff at Center House has made generous contributions that benefit that division through their participation in the annual United Way Campaign.

Donations are kept strictly confidential, of course, and employees even have the option of either remaining anonymous or being recognized as donors in Bay Cove's annual report. The donations can be directed to the agency's general fund, to the Small Wonders Capital Campaign or to any of Bay Cove's divisions, all at the employee's request. All donations are entirely tax deductible.

Bay Cove welcomes opportunities to partner with corporations who are willing to provide matching dollars for employee donations. For more information, please contact Nicole Brown in the Development Office at (617) 371-3022 or nbrown@baycove.org.

Perennials:

Another Successful Annual Auction Event

On April 15 several hundred people turned out for Bay Cove's third annual auction event at the Fairmont Copley Plaza Hotel in Boston. They enjoyed silent and live auctions, a light supper and entertainment. The proceeds will help fund the Bay Cove Small Wonders Campaign.

Watch for these Upcoming Events!

Bay Cove's Development Office is planning several events this spring. To get your name on the invitation list for these and upcoming events this summer and fall, contact Nicole Brown at (617) 371-3022 or nbrown@baycove.org.

Arts in the Kiln: Building for the Future Brick by Brick

In June (exact date and time TBD) at the former Dorchester Pottery Works

kiln adjacent to Bay Cove's Daniel C. Boynton Child Development Center, 105 Victory Road, Dorchester. This event will feature a silent art auction, refreshments and entertainment.

Be sure to watch for:

***The Summer Harbor Cruise
The Cutler Golf Tournament and
The TOT Fund Event***



For more information, to purchase tickets, or to pledge your support in another way, please contact Lynda Butler at (617) 371-3025 or lbutler@baycove.org.



**Bay Cove
Human Services, Inc.**
66 Canal Street
Boston, MA 02114